

VOLUME VIII, ISSUE II

ERIE YACHT CLUB • P.O. BOX 648 • ERIE, PA 16512

MARCH/APRIL 1998

## THE FIRST AID

adhesiv

The ideal first aid kit aboard ship really depends upon the expectation for injury, the skills of the skipper and crew, and the size of your vessel.

Whenever one considers boating, one must consider the risk of drowning. Obviously, unless the vessel is quite large and well staffed with medical personnel, the average boater cannot carry

oxygen and defibrillation equipment for resuscitation from a near-drowning experience. If scuba diving, one must consider the possibility of the bends, air embolus, etc., but a diver cannot bring along his own hyperbaric chamber or other sophisticated equipment. Practically speaking, the average boater cannot address every medical need at sea. So what equipment compromise does one make to insure reasonable

safety? The contents of one's first aid kit should be defined by a skipper's sound judgement at dockside. The captain must give thought to the realm of possible medical emergencies and injuries that may occur at sea. The prudent skipper obtains training in, at a minimum, first aid and

CPR, and stays current. With further training, one may advance to EMT certification and beyond. It is the skipper's level of medical knowledge and skill that determines the contents of the first aid kit, more so than what one can purchase from a marine supply store. It is the skipper's forethought, and recognition of the limitations of his skill, that guides him in the selection of first aid equipment.

The first physical element of the first aid "kit" is a safe and seaworthy vessel. Although most production boats are generally considered seaworthy, it is the skipper's responsibility to insure that his vessel is as safe and seaworthy as he can make it. The last thing the captain needs is a vessel that generates injuries. As the seas stiffen, the risk increases that loose gear, hatches, latches, sharp corners, etc. become point sources for injury.

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The vessel is the skipper's first aid platform. Consider where on board one would place and treat a patient. Could one make a victim comfortable? Simple elements such as blankets, cushions, canvas for shading, etc., provide more benefit to a tired, sunburned or otherwise injured patient, than an aspirin in a first aid kit. A calm, knowledgeable captain with a comfortable seaworthy vessel allays more fear and anxiety than any first aid kit.

> the most severe end of the injury spectrum, a prudent skipper recognizes that he may encounter a situation beyond his skill or equipment capacity, despite

Considering

considered preparation. In recognition of this, second to a safe and seaworthy vessel, the

first aid "kit" would include communication devices such as VHF, SSB, cellular phone, etc. to summon additional help as required. To receive aid in a timely fashion, the skipper must know his position, carrying up-to-date charts, binoculars, Loran, GPS, or other devices so that he can direct rescuers to his location. One must also carry lights, flares, sea markers, etc. to allow accurate vessel identification by the respondents.

With a knowledgeable skipper, a safe and seaworthy platform equipped for the comfort and protection of a victim, com-

(continued on page 2)

Safety Aboard Ship (continued from page 1)
THE FIRST AID KIT

munications for rapid medical response to a serious medical emergency, and the items necessary for rapid and accurate vessel positioning and identification, chances for successful rescue efforts can be greatly enhanced, and all that is really left for the first aid kit are the elements for less threatening medical problems. Absent is the need for blood pressure cuffs, endotracheal tubes, surgical instruments, tourniquets, etc. that are available in commercially prepared kits, but rather impractical in use and storage for the average boater on Lake Erie. What is most helpful in the first aid kit for a lake boater are the elements to address incidental trauma, and products that ease the discomfort of minor illness.

A functional first aid kit should include a number of sterile dressings for attending to wounds. Tourniquets can be dangerous and, as a general rule, are unnecessary. With an ample supply of sterile dressings in conjunction with manual compression, most bleeds can be controlled. Gauze pads, supplemented by a variety of Ace wraps, should suffice in attending to most wounds aboard ship, and a tourniquet can be easily created if a dire emergency requires.

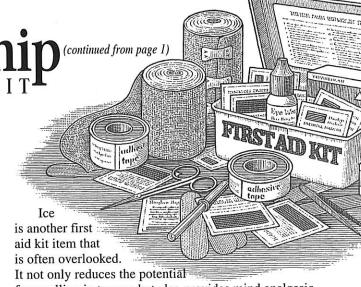
More common than major penetrations with bleeds are abrasions, minor lacerations, minor punctures. For these the best approach is a rapid initial cleansing of the wound followed by a dressing to prevent contamination. A good first aid kit should contain wound cleansers ranging from packets of antimicrobial soaps or solutions to small bottles of iodine or peroxide. After cleaning wound treatment with antibiotic ointments, such as Neosporin or Betadine, is desirable. A liberal supply of band aids suffice for coverage in most instances, although sterile strips in a variety of sizes may assist in temporary approximation of deeper lacerations.

It is helpful to have aboard a set of forceps (tweezers), scissors, and even a disposable scalpel blade in certain circumstances, but the choice of these is really dependent upon the individual preference and skill of the care provider. For slivers and fish hook penetrations, fine point instruments, with which one is familiar and would otherwise use at home, are preferable to some of the clumsy prepackaged devices in kits. Remember, a vessel generally rocks at sea, and sharp instruments may pose a hazard.

The nautical environment raises the exposure potential to caustics such as fuels, oils, battery acid, etc. In part for use in prophylaxis against chemical exposure, but useful in the care of any injured patient, a well-supplied first aid kit would include sterile and unsterile surgical gloves. For acid exposure, a small box of baking soda is handy for external application.

An eye cup makes irrigation of the eye much easier. In most circumstances the use of lake water will suffice for irrigant, but an eye bath is more comfortable and a bottle of commercially available solution is recommended.

For contusions, fractures or dislocations, slings and splints are of value but require storage space, and air splints may be preferred because of compactness. Their use and application may be easily mastered and they provide immense relief of pain on seas.



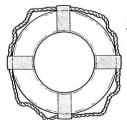
for swelling in trauma but also provides mind analgesic.

More commonly needed for the "kit," than most elements thus far mentioned, are hats and sunglasses, sunscreens and sunburn sprays for the exposures of most outings. These serve as both prophylaxis and remedy items.

With regard to medications, over-the-counter aspirins, Tylenols, motion-sickness tablets, antihistamines, decongestants, cough syrups, nonsteroidal inflammatories, etc. are nice to have. If included in your kit, do attend to the expiration dates. Also, some patients may be allergic to medications, and the skipper must be knowledgeable to the medical conditions of his guests. Be certain that guests do bring along any necessary prescription medications. Additionally, advise your passengers of possible onboard hazards, such as microwave ovens and radar, that may effect medical devices such as pacemakers.

There are a number of pre-packaged first aid kits available on the market, dependent upon the type of cruising anticipated. To simply purchase a prepackaged kit, however, is insufficient in terms of personal safety. The skipper must be knowledgeable to the health of each passenger. He should be skilled in both first aid and CPR, at a minimum. The vessel must be safe and seaworthy. When remaining near shore and able to summon medical assistance in an emergency, it may be reasonable to rely upon a limited but customized first aid kit for a safe boating experience. For an extended cruise, particularly with guests with special needs, or when in more remote locations, it is most prudent to consult with a physician for individual recommendations.

For the average boater a stowed first aid kit may provide some peace of mind, but for true safety aboard ship there is far more to consider. Envision the steps you would take aboard ship to care for a patient. For true peace of mind, primary attention should focus on dockside preparation of the skipper and vessel, and the contents of the "kit" then move into proper prospective.



J.C. Lyons, MD, FACS, MSME Fleet Surgeon Greater Erie Boating Association



Friday, March L3th
For Members, Teens
AND THEIR FRIENDS AGES 13-16

\$5.00 COVEL includes at the door includes Pizza, Wings, and Chips Pizza, Wings, and Chips Beverages will be an extra charge.

DJMIZ will be here to play your favorite R&B, Alternative and Pop tunes!

Please call us at 453-4931 to let us know you are coming!!

## GUEST SPEAKER DINNER SERIES

## Lecture 1

Thursday, March 26, 1998

Sailing Around the World

Presented by:

Ken and Cheryl Frey

Sailed 40,000 miles, visited 28 countries, exposed to 12 languages, had their first children in New Zealand all in four years aboard their 39-foot Corbin.

Dinner:

Dinner Salad, Stuffed Chicken Breast, Parsley New Potatoes, Honey Glazed Carrots **EYC Caramel Creation** 

Time:

Cocktails - 1830 hours • Dinner - 1915 hours Lecture - 2015 hours

Lecture 2

Tuesday, April 21, 1998

Transatlantic Sailing to Scotland

Presented by:

April Howard and Bill George ...

April and Bill refitted a Vancouver 42 and set sail for Scotland. Watch slides as they tell their tale of adventure.

Dinner:

Dinner Salad, Roast Sirloin Bordelaise Garlic Mashed Potatoes, Green Beans with Mushrooms French Silk Pie

Time:

Cocktails - 1830 hours • Dinner - 1915 hours Lecture - 2015 hours

Lecture 3

Thursday, May 14, 1998

Topic: Cruising Lake Erie and Ontario

Presented by:

Frederick L. Davis

Mr. Davis is the author of a number of books including "The Cruising Guide to Lake Erie" and "The Cruising Guide to Lake Ontario." Member of Buffalo Yacht Club; Buffalo Canoe Club; 1998 Rear Commodore

Dinner:

Dinner Salad, Deep-Fried Perch Baked Potato, International Blend Vegetable Key Lime Pie

Time:

Cocktails - 1830 hours • Dinner - 1915 hours Lecture - 2015 hours

Lecture 4

Wednesday, July 15, 1998

Topic: The Bayfront, Erie, PA

Presented by:

Mr. Donald Muller...

Mr. Miller, from the Erie County Historical Society, will present a view of changing land use patterns from settlement to the present.

Dinner:

Dinner Salad • Stuffed Pork Chop Twice-Baked Potato • Buttered Corn Strawberry Sunday with Whipped Cream

Time:

Cocktails - 1830 hours • Dinner - 1915 hours Lecture - 2015 hours

All Dinner Lectures are \$11,25 plus tax and gratuity. Members and guests are welcome

Reservations for all dinner lectures can be made by calling the Erie Yacht Club Office at 453-4931 All cancellations under 24 hours and no-shows will be billed.

# Friday Night Friday Night Friday Night

7:30 pm • March 20th & 27th



Kids can play... bring the family! Pon't forget your dauber!





# Caster Sunday Sunday April 12, 1998



# The Grie Yacht Glub is featuring a bountiful buffet that includes:

Assorted Salads, Leg of Lamb, Tavern Ham, Club Sirloin, Orange Roughy, Seafood Newburg & Rice, Baked Chicken, Mashed Potatoes & Gravy, Buttered Corn, Prince Medley Vegetables, Rolls and a Delicious Assortment of Desserts.

In addition, we will also have:

Omelette Station from Noon - 3 pm

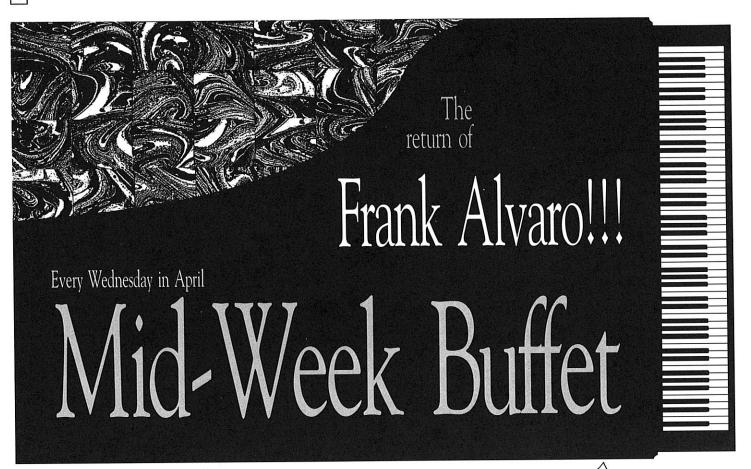
Pasta Station from 3 - 6 pm

All for \$14.95

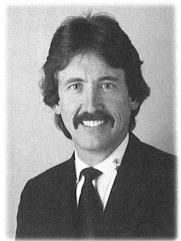
Children 12 and under 7 – \$5.00!

Serving 12 to 6 PM Call Nancy for Reservations at 453-4931

Beautiful Dinner Music Performed All Day!







COMMODORE FRITZ CURTZE

## Letter Commodore

The last time I composed a letter, there was close to three feet of snow on the ground. I was braced for winter with firewood aplenty and a new plow for snow removal. Guess who showed up and took winter away? ... El Niño. What does his nasty little sister, La Niña, have in store for us this summer? We can only guess. And hope. Anyway, even though we had no ice activities to speak of, all else fared well with the unusually mild winter.

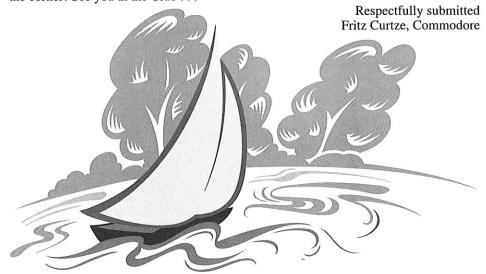
Mike Lynch, Bernie Erickson and staff are continuing their magic in the house and galley. I personally tend to gauge the membership's satisfaction by the number of complaints I receive – or, in this case, the lack of. I feel most everyone is quite content, and the club's financial picture shows it. We're in fine shape for the upcoming busy season.

Billy Vogel and his dock crew have been quite busy this winter as well. The MNO-dock electrical upgrade has progressed smoothly and will be completed prior to spring launch. I was impressed with how well that long bulkhead has held up over the years. It's still in pretty good condition . . . we're fortunate. After many loads of concrete, she'll remain in good condition for a long, long time.

The fuel dock's underground tank filler tubes were excavated and inspected (by law) and are in fine order. Our bridge and board felt that since the entire system was exposed, it would be a good time to install a computerized fuel monitoring system. This system keeps a constant inventory of fuel levels in the tanks and is able to detect the presence of water (if any). Because of the high water levels we have been experiencing, the filler tubes were extended up above the blacktop with small concrete pads to deter any further water seepage. Another upgrade that benefitted from the mild working conditions. You'll also notice that the travel lift, the backhoe and tractor are all sporting new paint jobs . . . lookin' good!

I've warned the Port Authority that I'm not real happy with the hole they dug in our driveway at the entrance to the gatehouse. They have assured me that it will be returned to its original condition, and I'm going to hold them to it. Please bear with the inconvenience . . . it's not TOO bad, but I feel it could GET bad.

I'm looking forward to a fun-filled summer boating season and wish it would hurry up and get here. Keep your EYC calendars handy so you don't miss out on all the activities planned. Our folks work real hard to keep everybody happy down here! So get your bottoms painted, your hulls waxed and your hooks sharpened 'cuz summer's just around the corner! See you at the Club . . .



# General Manager's

We have a number of new events on the agenda for the upcoming months, as well as the return of some great old ones.

I have just finished lining up guest speakers for a series of dinner lectures. The series will start in March and run through to July. Should the turnout and input from the membership be positive, I will continue to line up future speakers for the fall and winter season. Watch for the flyer for descriptions and menus for each dinner lecture. I believe I have speakers that will appeal to the powerboater as well as the sailor.

I've been worried that the upcoming Teen Dance on Friday, March 13th was going to be a "flop." Well, after talking to a couple of teen members, my worries have been put to rest. As I understand it, the word is out, and the kids have been talking it up all over the local Internet. Should we have a good turnout, I plan on having at least one more during the summer. It was suggested that a Wednesday evening would be a good night. So, call your friends and come on down for a good time.

At this time, I have two member volunteers to chaperone the dance, I could use a couple more. If anyone is interested in helping that evening please give me a call. I could use the help!

We have two more Bingo nights left in our winter series. To encourage more members to play, we have lifted the restrictions on children. Kids can now play as long as they have an adult present. Bingo starts at 7:30 pm and ends around 9:30-10:00 pm. Remember, all proceeds from Bingo go to the Junior Sailing Program.

During the week of Shutdown, we have a list of repairs to accomplish. We will be painting, repairing furniture, stretching carpet, fixing wallpaper, replacing ceramic tiles, not to mention the routine cleaning.

In the next couple of months we will be sending out a survey to the membership asking how you feel about your Club. We will be asking your opinion concerning the Clubhouse, the Docks, the Operation of the facility, overall appearance and what things you would like to see. It's been ten years since the last survey, and we would like to hear from you. So, when you get the survey in the mail, please take the time to fill it out and tell us how you feel. We want to know! That's it for now!

Michael Lynch EYC@aol.com

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VICE COMMODORE PETE GORNY

## Letter Vice from the Commodore

This has been one of the mildest winters I can remember here. El Nino may have spelled trouble for some areas of the country, but it was good news for the EYC. The lack of ice has saved the Club money on dock repair and electricity to run the bubblers. Fleet Captain Dick Robertson used some good advance planning when he decided to run for office last year. It's nice to have a mild winter when you are in charge of dock maintenance. We should be past any severe weather by the time this *Log* issue is published.

Slip assignments have gone well. Currently we are looking at 5 points or thereabouts for a slip. That will change as members buy and sell boats, and as slip payment time draws near. Again, please ad-

vise Mike Lynch as soon as possible when your boating plans change. The dock com-

mittee appreciates early notification to reassign slips.

Anyone who tried to call me after my Log article on senior membership may have used the wrong number. I noticed the back of the Log showed our old home phone number. Our current number is 838-2417. At the direction of the Commodore, I have established a committee to review the senior member situation. The committee consists of Jim Lockwood, Bobby Johnson, Jim Means, PC Doc Bressler and myself. You will be receiving a letter from us asking for your input on how you would like senior membership handled. The Board has the right to limit senior membership, but it is our intention to represent the members wishes. Our goal is to satisfy the needs of as many members as possible, while safeguarding quality of our Club and it's financial integrity.

I hope you enjoy the spring, with the welcome sight of Bill Vogel at the helm of the Travel Lift.

Best Regards, Pete Gorny

# Celcome Dew Members of the Aric Yacht Alub

## Congratulations

to the following:

JR. FAMILY:

Jessica Gerono

ASSOCIATE:

MATTHEW NIEMIC

Robert Kwiatkowski

Robert Ferraro

NICK STEFANOVSKI

KAREN PRAID IMIG

SEAN SCULLY

Paul Schaaf

EDWIN CURTZE

JAMES WELKA

VINCENT CIFELLI



SATURDAY, MAY 2, 1998 at the ERIE YACHT CLUB

WINDOWS OPEN: 4:00 PM

POST TIME: 5:30 PM

(IF THE NAGS ARE RUNNING!)

Give the computer your choice – it will give you the EYC odds

Enjøy a Mint Julep while you make your selection!

## CLASSIININD

22.5' SEARAY SRU225 CUDDY, 1982. Cabin with Mercruiser, marine radio/CB/stereo, E-Z Loader Tandem Trailer. Very good condition. \$7,500. Call 868-1087, leave message.

CROWN AUTOMATIC MARINE CONVERTER Model R-201-2B-3. AC input, standard shore power 100-130 volts, 6 amps, DC output - 12 volts, 20 amps. Manufactured by Raritan Eng. Co. Warranteed 1 year. \$560 new catalog price. Call 835-8191.

C&C 27' SAILBOAT, 1987 "Pegasus." Spin, fully battened main, VHF knotmeter, depth, refrigeration, winter frame and custom trap. (814)833-8838.

BOSTON WHALER SPORT, 15.5'. Excellent condition, Boyer trailer, Merc 40hp, power lift, automatic oil injection, tarp. Call D. Lasher at 833-0816.

TROJAN CRUISER 31', wooden, with new fisherman's bridge. Powered by twin 240hp Ford 352 engines. Low hours, well maintained, one owner. \$6,000. 833-7367.

J-24, 1985 hull #4013 Fresh Water Boat ready to race. Stored indoors. Call Chris at 459-5406 for complete details and picture. \$14,500.

WET SUIT, O'Neil 2.1mm, one piece wet suit, short style, adult size small. Call Mary at 474-3269.

27' CARVER SANTEGO FB, 1987, T-205s. Full galley, sleeps 6. Roomiest 27' you will see. Fast 40 mph. Loaded. List and pictures available. \$33,900 OBO. (814) 838-4331

WANTED: ICEBOATS. Arrow and DN's. Complete boats or parts, call Andy Hanks at 833-2224. Our growing fleet will thank you.

24' BAT LINER CIERA 2450, 1987, 230 OMC 10. Full galley, head, sleeps 5, Loaded, Low hours, \$13,000. Call Dick at 454-8995.

WANTED TO BUY: Small boat trailer for Laser. Call 453-3700.

To place an ad in the classified section, send your information in the above format to Mike Lynch at The Log. NO CHARGE FOR ADS.

## 1998 CLUB FUNCTION

### March

3rd - 9th ..... Annual Shutdown 10th ..... Open at 11:30 am 13th ...... Teen Dance (Ages 13-16) 14th ......"Talk of the Town"

Performing in the Grill 16th ..... Monthly Board Meeting 20th ...... BINGO! 7:30 pm 26th ...... Guest Speaker Dinner Lecture #1 Lecture by: Ken & Chreyl Fry "Sailing Around the World 27th ..... BINGO! 7:30 pm 28th ..... "Talk of the Town" Performing in the Grill



The following are the deadlines for each 1998 Log.

Members are encouraged to submit any articles they may compose, as long as it pertains to the Club or boating activities.

#### Log Deadlines:

May/J	une	April	22,	1998
	ugust			
Septer	nber/October	August	19,	1998
Nover	nber/December	·O	ctol	per 1,
	(Election Edit			

## REMINDERS

All fees associated with your slip or keg are due by April 30th. All slips not paid for will be reassigned.

## ..... Frank Alvaro in the Grill

131	6:00 - 9:00 pm
8th	Frank Alvaro in the Grill
	6:00 - 9:00 pm
11th	Lunch with the Easter Bunny & Egg Hunt
12th	Easter Sunday Buffet — 12:00-6:00 pm Entertainment by "Talk of the Town" 12:00 - 3:00 pm; 3:00 - 6:00 pm
15th	Frank Alvaro in the Grill 6:00 - 9:00 pm
20th	Monday Board Meeting — 7:30 pm
21st	Guest Lecture Dinner Series #2 Lecture by: April Howard & Bill George "Transatlantic Sailing to Scotland"
22nd	Frank Alvaro in the Grill 6:00 - 9:00 pm

26th ...... Jazz Brunch with the "Spa Quartet"

29th ..... Frank Alvaro in the Grill 6:00 - 9:00 pm

May	
	entucky Derby Day 1:00 pm; Post Time-5:30 pm
5th L	adies Annual Tea
10th N	Tubhouse closed for lunch Nother's Day Dinner Buffet —
E 1	2:00-6:00 pm ntertainment by: "Talk of the Town" 2:00 - 3:00 pm; and Susan Krieg Harpist" 3:00-6:00 pm
Ľ	ivest Lecture Dinner Series #3 ecture by: Frederick L. Davis Cruising Guide to Lake Erie and Ontario"
18th N	Nonday Board Meeting — 7:30 pm
22nd L	obsterfest Party intertainment by: "Pittsburgh's Legacy
23rd 0	pening Weekend Party intertainment by: "Key West Express"
25th C	

## IFO from the Dockmaster

If you have not requested or registered your boat for a dry sail sticker, please notify the office. Members, if you have children that dry sail, please call the office to apply for a sticker.

All dry sail boats must be stored in the dry sail lot located to the east of the Club. Dry sail boats are not to be stored on the keg dinghy ramp. The dinghy ramp is for keg use only. Please contact the Dock Master with any questions.

#### LAUNCHING

All stickers must be displayed on your boat before it will be launched. If you do not have your sticker, you will be asked to reschedule your launch. We ask that all members please clean up the area where your boat was stored. Please do not leave your empty paint cans, tarps, or blocking lying around. Please police your area after you launch.

## DIRECTORY

#### OFFICERS:

#####################################	
Fritz Curtze, Commodore	
Peter Gorny, Vice Commodore	
Patrick Geary, Rear Commodore	
Richard Robertson, FleetCaptain	
RECTORS:	
C Christian Wolford	833-1960
Roger Allenbaugh88	
Andrew Hanks	
James Lockwood	
John Murosky	
Peter Traphagen	
Richard Vicary, Ir.	

#### CLUB:

Clubhouse	453-4931
Clubhouse Fax	453-6182
Clubhouse E-mail	EYC1895@aol.com
Secretary & Membership	Bobby Johnson ext. 224
General Manager	Michael C. Lynch ext. 225
Dockmaster	William Vogel 453-6368
Member Billing	Bonnie Abramczyk ext. 222
Catering Manager	Laurie S. Richardson ext. 226
Office Manager	Mark Eller ext. 223
Executive Chef	Bernie Erickson ext. 230
Lounge	ext. 227
Dining Room Reservations	Nancy Potts ext. 228
Guard House	

#### ERIE YACHT CLUB

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